

## Lyceum Vest (updated version as of 26 Oct 08)



A free pattern from  
<http://mamastopknitting.typepad.com>

*Named after one of the old landmarks that I pass by every now and then in Shanghai, this cabled vest is knit sideways, in two pieces. It's a fast knit on big needles, with an optional knitted belt to cinch things together a little.*

**Finished size:** 34" bust circumference

**Yarn: (vest)** 7 balls of Sirdar Click Chunky with Wool (81 yards/50g) or similar amt of bulky weight yarn. If you wish to use a contrast colour for the ribbing at the neckline and armholes, use 6 balls for the MC and 1 ball for the CC.

**(belt)** 1.5 balls Sirdar Click Chunky with Wool or similar amt of bulky weight yarn

**Notions:** 1 x 1" button (for the belt)

**Needles:** 6.5mm and 5.5mm (or size needed to get gauge); cable needle

**Gauge:** Each set of cable panel + st st panel (total 30 sts) measures 8" across on larger needles. 17 rows measures 4" on

larger needles.

**Note on yarn:** Originally I planned for the entire vest to be knit in bulky weight yarn, but ran out of the Sirdar Click after knitting the front and back. So for the ribbing at the neckline and armholes, I used Rowan Cashsoft DK, held double. I didn't have enough of *that* to complete the knitted belt, so I used some superwash worsted weight yarn from a Chinese brand called Hengyuanxiang, doubled. I believe the entire garment can be made in the same bulky weight yarn, however, and so the pattern is written to reflect that.

**Note on sizing:** This version of the pattern is only for the size I made i.e. 34". It is shown here with 0" ease. However, because the shaping is minimal, I think it can be easily sized up or down by adding/subtracting total stitches to change garment length and by adding/reducing total rows to change garment width. I have included a pattern schematic on the last page to make things a bit clearer. If you need help with re-sizing, drop me a line on Ravelry and I'd be happy to suggest solutions.

### **Stitch patterns:**

Cable panel (10-row repeat over 18 stitches):

Row 1: K1, P1, K1, P2, K8, P2, K1, P1, K1

Row 2: P1, K1, P1, K2, P8, K2, P1, K1, P1

Row 3: P1, K1, P1, P2, K8, P2, P1, K1, P1

Row 4: K1, P1, K1, K2, P8, K2, K1, P1, K1

Row 5: repeat Row 1

Row 6: repeat Row 2

Row 7: P1, K1, P1, P2, C4B (i.e. place 4 sts on cable needle and leave at back of work, K next 4 stitches, K 4 stitches from cable needle) , P2, P1, K1, P1

Row 8: K1, P1, K1, K2, P8, K2, K1, P1, K1

Row 9: repeat Row 1

Row 10: repeat Row 2

St st panel (2-row repeat over 12 stitches):

Row 1: P2, K8, P2

Row 2: K2, P8, K2

**Back** (you start with the left vertical edge of the back when worn)

With 6.5mm or larger needles, cast on 80 stitches.

Row 1 (RS): Slip st purlwise, K1, (work Row 1 of cable panel, work Row 1 of St st panel) 2 times, work Row 1 of cable panel.

Row 2 (WS): Work Row 2 of cable panel, (work Row 2 of st st panel, work Row 2 of cable panel) 2 times, K2.

Keep working the five stitch panels as set for the rest of the back, always slipping the first st purlwise and knitting the second stitch on odd rows and knitting the last 2 stitches on even rows, to create a non-rolling garter-and-slip-stitch edging that will form the bottom edge of your garment. For ease of seaming later, you may choose to ignore pattern when working the shoulder/neck-edge stitch (in other words, the last stitch when looking at work on RS) and, instead, K on RS and P on WS. What follows are shaping instructions.

### Left shoulder shaping

Row 9 (RS): Inc 1 st at end of row, keeping in pattern. You now have 81 sts.

Row 17 (RS): Inc 1 st at end of row, keeping in pattern. You now have 82 sts.\*

### Back neck shaping

Row 19 (RS): Dec 1 st at end of row.

Row 21 (RS): Dec 1 st at end of row.

Row 23 (RS): Dec 1 st at end of row.

Row 25 (RS): Dec 1 st at end of row. You now have 78 sts.

Row 27(RS) – Row 48 (WS): work even

Row 49 (RS): Inc 1 st at start of row, keeping in cable st panel pattern.

Row 51 (RS): Inc 1 st at start of row.

Row 53 (RS): Inc 1 st at start of row.

Row 55 (RS): Inc 1 st at start of row. You now have 82 sts.

#### Right shoulder shaping

\*\*Row 57 (RS): Dec 1 st at **end** of row, keeping in pattern.

Row 65 (RS): Dec 1 st at **end** of row, keeping in pattern. You now have 80 sts.

Work even for another 7 rows. Bind off on RS, keeping in pattern.

**Front** (you start with the right vertical edge of the back when worn)

Work as for given for back until \*.

#### V-neck shaping

Row 18 (WS): Cast off 6 st at start of row. You now have 76 sts.

Row 20 (WS): Cast off 3 st at start of row. You now have 73 sts.

Row 22 (WS): As Row 20.

Row 24 (WS): As Row 20.

Row 26 (WS): As Row 20.

Row 28 (WS): As Row 20.

Row 30 (WS): As Row 20. You now have 58 sts.

Row 31 (RS) – Row 36 (WS): Dec 1 st at neck edge on each row. You now have 52 sts.

Row 37 (RS) – Row 42 (WS): Inc 1 st at neck edge on each row. You now have 58 sts.

Row 43 (RS): Cast on 3 sts at end of the row. You now have 61 sts.

Row 45 (RS): As Row 43.

Row 47 (RS): As Row 43.

Row 49 (RS): As Row 43.

Row 51 (RS): As Row 43.

Row 53 (RS): As Row 43. You now have 76 sts.

Row 55 (RS): Cast on 6 sts at end of the row. You now have 82 sts.

Work as for back from \*\* to end.

#### **Finishing**

Sew right shoulder seam. With RS facing and smaller needles, pick up and knit 57 sts around right armhole and work K1, P1 rib for 5 rows. Bind off in rib.

With RS facing and smaller needles, and beginning at left neck edge, pick up and knit 26 sts along back neck, 30 sts down the right side of neck, 1 st at the centre of the “V” neck (and mark it), 30 sts up left side of neck – total 87 sts. Counting back to make sure that the marked centre stitch is a knit stitch, work K1, P1 rib for 5 rows, taking care to make a centered double decrease (slip 2 tog knitwise, k1, pass the 2 slipped stitches over) every other row when you come to the marked centre stitch. Bind off in rib.

Sew up neckline ribbing seam and left shoulder seam. With RS facing and smaller needles, pick up and knit 57 sts around left armhole and work K1, P1 rib for 5 rows. Bind off in rib.

Sew side seams and armhole ribbing seams.

To make a belt, cast on 7 stitches using smaller needles. Work as follows:

Row 1: Slip st purlwise, K, P, K, P, K2.

Row 2: Slip st purlwise, K, K, P, K, K2.

Row 3: As row 2.

Row 4: As row 1.

These 4 rows form pattern repeat.

Work for about 4” and make a buttonhole (I cast off the 2 centre stitches, and cast them back on on the next row). Continue working until belt is of desired length (I used 40”). Bind off. Sew on button at desired spot.

Make 2 belt loops with chain stitch crochet (or you can knit an i-cord if you prefer) and sew to sides of vest. Block and wear!

### Pattern Schematic

